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Everyday Enlightenment: The Twelve Gateways to Personal Growth

By Dan Millman



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On the Journey of Life, Do You Sometimes Wish You Had a Map? You now hold such a map in your hands-a guide through the twelve gateways of personal growth to the summit of your potential. Dan Millman makes your ascent accessible by bringing enlightenment down to earth-applying spiritual wisdom to the practical realities of everyday life. Explore the challenges and mysteries of body, mind, and emotions. Discover a new approach to success. Change confusion into clarity and knowledge into action. It begins as you turn the first page and enter... 1. Discover Your Worth 2. Reclaim Your Will 3. Energize Your Body 4. Manage Your Money 5. Tame Your Mind 6. Trust Your Intuition 7. Accept Your Emotions 8. Face Your Fears 9. Illuminate Your Shadow 10. Embrace Your Sexuality 11. Awaken Your Heart 12. Serve Your World The Time is Now. The Road is Open. Your Destiny Awaits.



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Everyday Enlightenment: The Twelve Gateways to Personal Growth By Dan Millman Bibliography

- Sales Rank: #291006 in Books
- Brand: Grand Central Publishing
- Published on: 1999-06-01
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x 1.00" w x 6.00" l, .87 pounds
- Binding: Paperback
- 368 pages

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Editorial Review

Review

"A PRACTICAL AND PROFOUND JOURNEY FOCUSED ON MINDFUL LIVING. DAN MILLMAN CONTINUES TO BLAZE NEW TRAILS."

-- James Redfield, author of The Celestine Prophecy

From the Back Cover

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THE TWELVE GATEWAYS

1. DISCOVER YOUR WORTH
2. RECLAIM YOUR WILL
3. ENERGIZE YOUR BODY
4. MANAGE YOUR MONEY
5. TAME YOUR MIND
6. TRUST YOUR INTUITION
7. ACCEPT YOUR EMOTIONS
8. FACE YOUR FEARS
9. ILLUMINATE YOUR SHADOW
10. EMBRACE YOUR SEXUALITY
11. AWAKEN YOUR HEART
12. SERVE YOUR WORLD

THE TIME IS NOW. THE ROAD IS OPEN. YOUR DESTINY AWAITS.

Users Review

From reader reviews:

Carolyn Livingston:

Book is to be different for every single grade. Book for children until eventually adult are different content. We all know that that book is very important for us. The book Everyday Enlightenment: The Twelve Gateways to Personal Growth seemed to be making you to know about other understanding and of course you can take more information. It is quite advantages for you. The guide Everyday Enlightenment: The Twelve Gateways to Personal Growth is not only giving you a lot more new information but also to be your friend when you feel bored. You can spend your spend time to read your publication. Try to make relationship together with the book Everyday Enlightenment: The Twelve Gateways to Personal Growth. You never feel lose out for everything should you read some books.

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Daniel Pitts:

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