



# Out of the Shadows: Understanding Sexual Addiction

*By Patrick Carnes*



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Out of the Shadows, the first work ever published on sexual addiction, examines the tangled web of love, addictive sex, hate, and fear often found in family relationships. Patrick Carnes offers a way for addicts to deal with their sexual compulsions and become whole human beings.

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## **Out of the Shadows: Understanding Sexual Addiction By Patrick Carnes Bibliography**

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