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# Handbook of Cognition and Emotion

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Comprehensively examining the relationship between cognition and emotion, this authoritative handbook brings together leading investigators from multiple psychological subdisciplines. Biological underpinnings of the cognition-emotion interface are reviewed, including the role of neurotransmitters and hormones. Contributors explore how key cognitive processes--such as attention, learning, and memory--shape emotional phenomena, and vice versa. Individual differences in areas where cognition and emotion interact--such as agreeableness and emotional intelligence--are addressed. The volume also analyzes the roles of cognition and emotion in anxiety, depression, borderline personality disorder, and other psychological disorders.



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## **Editorial Review**

### **Review**

"This superb handbook delivers all that it promises. Robinson, Watkins, and Harmon-Jones have brought together the top international researchers in the field to share the latest research on neuroscience, experimental cognitive and social/affective psychology, and their clinical applications in a highly accessible way. Readers learn which findings are now considered established and where the most exciting future directions lie. The book will be invaluable both as a reference for clinicians interested in keeping up to date with their field and as a text for graduate students and teachers in cognitive neuroscience and personality, social, and clinical psychology. A 'must have' for all interested in this critically important area."--Mark Williams, DPhil, Emeritus Professor of Clinical Psychology, University of Oxford, United Kingdom

"People continually evaluate their environments, themselves, and each other. Discoveries about the resulting emotions have implications that are central to fields as diverse as psychology, biology, economics, and law. Robinson, Watkins, and Harmon-Jones know good science, and their book is a gold mine of current information about the many facets of the cognition-emotion connection. They relate emotion to genes, hormones, attention, memory, goals, decisions, personality, anxiety, psychopathy, and much, much more. Students, researchers, and clinicians--anyone seeking to understand emotion and its impact--will find this book as readable as it is essential."--Gerald L. Clore, PhD, Commonwealth Professor of Psychology, University of Virginia

### **About the Author**

Michael D. Robinson, PhD, is Professor of Psychology at North Dakota State University. He is associate editor of *Emotion*, the motivation/emotion section of *Social and Personality Psychology Compass*, and the *Journal of Personality and Social Psychology*. Dr. Robinson's research focuses on the areas of personality, cognition, and emotion.

Edward R. Watkins, PhD, CPsychol, is Professor of Experimental and Applied Clinical Psychology at the University of Exeter, United Kingdom, and Director of the Mood Disorders Centre and the Study of Maladaptive to Adaptive Repetitive Thought (SMART) Lab. Dr. Watkins has practiced as a cognitive-behavioral therapist for 20 years, specializing in depression. His research focuses on the experimental understanding of psychopathology in depression--with a particular focus on repetitive negative thought and rumination--and the development and evaluation of new psychological interventions for mood disorders, including randomized controlled trials of treatments targeting rumination in depression. Dr. Watkins is a recipient of the British Psychological Society's May Davidson Award for outstanding contributions to the development of clinical psychology within the first 10 years of his career.

Eddie Harmon-Jones, PhD, is Professor of Psychology at the University of New South Wales, Australia. A recipient of the Award for Distinguished Early Career Contributions to Psychophysiology from the Society for Psychophysiological Research, he is associate editor of *Emotion*. Dr. Harmon-Jones's research focuses on emotions and motivations, their implications for cognitive and social processes and behaviors, and their underlying neural circuits.

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