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Entre Nous: A Woman's Guide To Finding Her Inner French Girl

By Debra Ollivier



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Ever wonder what gives French women that *je ne sais quoi*?

At first you might think it's the elegant figure, matchless style, and mysterious allure. Then you realize those qualities don't come from just anywhere. They come from generations of women raised to cultivate an extraordinary sense of self. French women know who they are, like who they are, and excel at presenting who they are.

The rest of us are often susceptible to the next fad, the new thing, the ultimate diet. We're always seeking, instead of realizing that what we already are may be just right. Rarely does an American woman feel as comfortable in her own skin as her French counterpart. And rarely does an American woman have that essentially French ability to say no---to refuse anything that doesn't suit her, whether that thing is a job, a man, or the season's latest styles.

Provocative and practical, lively and intelligent, *Entre Nous* unlocks the mystery of the French girl and the secrets of her self-possession. Why do French women always look inimitably stylish? How do they manage to sit in a café for a three-course lunch and a glass of wine...by themselves? How do they decide when they're ready to let someone become a part of their very private lives?

Laced with practical tips, engaging sidebars, and essential observations about French women and their ways, *Entre Nous* is a delightful book that will help you take the best of all pages from the French girl's book---the page that reveals how to really enjoy life.



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Editorial Review

From Publishers Weekly

Most American women would agree that those Frenchies have something going on. La Femme Nikita, Catherine Deneuve, even Audrey Tatou of *Amélie* fame—they all possess a certain *je ne sais quoi*. In this cutesy pick-me-up of a book, Ollivier—an American married to a Frenchman—insists that you, too, can be glamorous, mythic and mysterious; "a star in the pantheon of feminine beauty and strength." How can American gals tap into their inner Frenchness? Ollivier lays down the law, interspersing her must-dos with sidebars detailing, for example, legendary French ladies from Josephine Bonaparte to Coco Chanel. Among Ollivier's tips: for loungewear, think silk mou-mous or padded zebra-skin mules, not baggy sweat pants; toss the Equal and use regular sugar in your coffee; and go ahead and gossip, but be discreet. Stereotypical? Peut-être. But Ollivier's overall advice—seek beauty everywhere; accept character flaws; don't rush to define a romantic relationship—goes far beyond the realm of France and its women, and is evident in smart women the world over.

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Review

"A fun, interesting read with more to offer than fashion tips.(Ollivier) cracks the French style code." -- *Palm Beach Post*

From the Inside Flap

What makes French girls as serenely self-satisfied as purring cats...and catnip to the men who admire them?

We'd all be as free as the French girl if we looked like her, right? The stereotypical French girl is often insolently thin, casually chic, and fashionable despite a simple wardrobe. With or without makeup she is always put together and utterly self-confident, imbued with natural elegance and an elusive distance that is particularly, maddeningly French.

But this stereotype obscures delicious paradoxes about the French girl and her body. Yes, she does have an exasperating tendency to be thin. Reams have been written trying to decode the mystery of a people who smoke, drink, eat goose fat, and still look fabulous. But in reality, the French girl comes in a multitude of styles and body shapes, and whatever her figure, she looks remarkable and just plain sexy.

The French girl understands that sexy is a state of mind. Her relationship to food and her body is sensual, not tyrannical, and she takes pleasure in both.

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Users Review

From reader reviews:

Robert Nguyen:

A lot of people always spent their very own free time to vacation or go to the outside with them friends and family or their friend. Do you realize? Many a lot of people spent many people free time just watching TV,

as well as playing video games all day long. If you want to try to find a new activity this is look different you can read a new book. It is really fun to suit your needs. If you enjoy the book that you just read you can spent the entire day to reading a book. The book *Entre Nous: A Woman's Guide To Finding Her Inner French Girl* it is rather good to read. There are a lot of folks that recommended this book. These people were enjoying reading this book. In case you did not have enough space bringing this book you can buy the e-book. You can m0ore quickly to read this book from the smart phone. The price is not too expensive but this book possesses high quality.

Bonnie Mentzer:

Why? Because this *Entre Nous: A Woman's Guide To Finding Her Inner French Girl* is an unordinary book that the inside of the publication waiting for you to snap this but latter it will zap you with the secret this inside. Reading this book close to it was fantastic author who write the book in such remarkable way makes the content inside of easier to understand, entertaining way but still convey the meaning completely. So , it is good for you because of not hesitating having this ever again or you going to regret it. This phenomenal book will give you a lot of positive aspects than the other book get such as help improving your expertise and your critical thinking technique. So , still want to hesitate having that book? If I have been you I will go to the guide store hurriedly.

Tommie Matthews:

Reading can called brain hangout, why? Because while you are reading a book mainly book entitled *Entre Nous: A Woman's Guide To Finding Her Inner French Girl* your head will drift away trough every dimension, wandering in most aspect that maybe unfamiliar for but surely will end up your mind friends. Imaging every single word written in a guide then become one form conclusion and explanation in which maybe you never get prior to. The *Entre Nous: A Woman's Guide To Finding Her Inner French Girl* giving you an additional experience more than blown away your mind but also giving you useful facts for your better life on this era. So now let us teach you the relaxing pattern the following is your body and mind is going to be pleased when you are finished reading it, like winning an activity. Do you want to try this extraordinary spending spare time activity?

Barbara Rubio:

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