



Group Work with Adolescents, Third Edition: Principles and Practice (Social Work Practice with Children and Families)

By Andrew Malekoff MSW



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A trusted course text and professional resource, this comprehensive book delves into all aspects of planning and conducting strengths-based group work with adolescents. In an accessible, down-to-earth style, Andrew Malekoff spells out the principles of effective group practice. Extensive clinical illustrations show how successful group leaders engage teens in addressing tough issues--including violence, sexuality, prejudice, social isolation, and substance abuse--in a wide range of settings. Normative issues that adolescents face in the multiple contexts of their lives are lucidly explained. Packed with creative ideas and activities, the book helps readers develop their skills as confident, reflective practitioners.

New to This Edition

- *Significantly revised chapters on group work essentials, school-based practice, and trauma.
- *Additional topics: social media and cyberbullying, expressive and animal-assisted therapies, mindfulness, adolescent brain development, and more.
- *Updated practice principles, information, and references.
- *Numerous new practice illustrations.



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Editorial Review

Review

"This book is a leading resource for anyone working with adolescents in groups. Providing comprehensive coverage of important clinical issues, with illustrative practice examples drawn from the author's in-depth experience, the book is really helpful for students preparing to practice in this area."--Ronald W. Toseland, MSW, PhD, School of Social Welfare, University at Albany, State University of New York

"Readable, engaging, and thoroughly grounded in theory and experience, this clear, practical text is presented in a straightforward yet thought-provoking manner. *Group Work with Adolescents* is one of those rare texts that students will enjoy reading! The third edition contains important contemporary content on adolescent brain development, the use of newer group work interventions such as mindfulness and animal-assisted therapy, and the important role of social media in the life of today's adolescent."--Shirley R. Simon, MSW, LCSW, School of Social Work, Loyola University Chicago

"A very welcome addition to the literature. Malekoff identifies the assets and challenges that young people experience in contemporary society and offers group work as a current and apt approach to address them. Groups are justly presented as safe spaces for adolescents to celebrate cultural diversity in all its forms--in terms of sexual orientation, ability status, gender, and race and ethnicity--and to become engaged in their own healing and the transformation of their environments. The third edition comes alive through up-to-date research findings, discussions of alternative group modalities, and new case studies. The content is fresh and highly relevant for practitioners and students."--Flavio F. Marsiglia, PhD, Distinguished Foundation Professor of Cultural Diversity and Health, School of Social Work, Arizona State University

"Writing with eloquence, artistry and heart, Malekoff takes the mystique out of group work. This is the best book I have read about how to engage and build trusting relationships with adolescents. The third edition masterfully describes how to integrate mindfulness into group work, among other new topics. It is perfect for new practitioners and will rekindle the creativity of those with extensive experience. Malekoff brings practice to life in this book."--Ariel Allena Botta, MSW, LICSW, Director of Group Psychotherapy, Department of Psychiatry, Boston Children's Hospital

"I currently use *Group Work with Adolescents* in my undergraduate as well as graduate-level classes that address planning strategies, growth and development, and programming when working with youth. Malekoff does a wonderful job of synthesizing the goals of youth workers with the uniqueness of adolescent life. He has developed ideas and concepts that students who have graduated from our program use in their daily work."--Christopher Kowalski, EdD, Division of Leisure, Youth, and Human Services, University of Northern Iowa

"Malekoff speaks directly to the adolescent group worker who is willing to push back against the assumption that life is simple and teenagers are complicated. He recounts the truth about what it is like to give yourself over to a group of teenagers, ingeniously describing the combination of dynamic energy (chaos and mess), interpersonal banter, and creativity (poetry, music, dancing) that actually takes place when you leave your ego at the door. Page after page, Andy walks the walk and keeps it real. Each chapter provides a combination of inspiration, understanding, and creative possibilities--just what adolescent group workers need."--Katrina Skewes McFerran, PhD, Head of Music Therapy, University of Melbourne, Australia

"[Malekoff] grounds...important theoretical content in vivid case examples from his and his colleagues' work. In doing so, he brings group theory and practice alive for the reader....*Group Work with Adolescents: Principles and Practice* (3rd Edition) is well written, organized, and highly accessible. Students and educators will appreciate the balance of theory and case illustrations. Group practitioners will appreciate Mr. Malekoff's reflective narrative that is informed by close to forty years of groupwork practice with young people. The casual reader will also enjoy the book as the author clearly brings his heart and mind to his writing in order to create thoughtful and engaging scholarship."
(*Groupwork* 2014-01-01)

"It has become a modern classic without peer in the clinical literature. Malekoff's text is resolutely patient-focused and strengths-based, asserting the value of activity, the arts, public advocacy, and project-based interventions with a process focus. He extends the group frame, encouraging the reader to think outside traditional therapy spaces and provides clinical vignettes to illustrate the value of members having experiences in the community that enlarge their sense of themselves. This focus on playful and expansive interventions was a breath of fresh air 10 years ago, and is now squarely in line with the mental health field's increasing appreciation of the curative benefits of holistic, brain- and body-focused clinical practices....Throughout the book there are a plethora of clear guiding principles, models for practice, and practical resources that readers can use or adapt....This third edition strikes a balance between keeping material that is core to the previous editions while also expanding into important areas.... Readers who own previous editions of Malekoff's book will find enough new material to make purchasing the third edition worthwhile. Readers who are new to *Group Work with Adolescents* will discover it to be an indispensable resource to add to their bookshelves, one they will return to time and again as they navigate the sometimes treacherous, sometimes thrilling terrain of adolescent groups."
(*Social Work With Groups* 2015-01-22)

"A standard text for teaching about group therapy with adolescents....There are many clinical examples. The book is extremely well written and fun to read." (on the second edition)
(*American Society for Adolescent Psychiatry Newsletter* 2013-12-05)

"The reader is introduced to a broad range of concepts and strategies for effectively engaging adolescents in group therapy across a variety of settings. Through illustrative examples, vignettes, narrations, and literary and poetic quotations, Malekoff skillfully brings to life the critical issues and methodology of successful group practice....[This] is a comprehensive resource for clinicians at all levels of experience. This text can serve as an excellent refresher for 'seasoned' professionals, as well as a teaching tool for the novice clinician." (on the first edition)
(*Residential Treatment for Children and Youth* 2013-12-05)

"Malekoff shows a deep understanding of the issues and concerns of adolescents and expresses this to the reader in a humorous, warm, sensitive, and delightful manner....This book shows the skillful use of the group work method....It would be excellent material for use in the classroom." (on the first edition)
(*Social Work* 2000-03-01)

"This book is useful for beginning and advanced practitioners alike....It conveys enough of the 'how-tos' to introduce clinicians to the field. On the other hand, it is refreshing for the mature clinician seeking new inspiration when working with the adolescent population. It is eclectic in its orientation, dynamic in its approach, and very humanitarian in its orientation to the adolescent population that is described." (on the first

edition)

(*International Journal of Group Psychotherapy* 2013-12-05)

"A gift for any who want to form groups with adolescents and develop a problem-solving atmosphere through the use of talk and activities to deal with such issues as sexuality, substance use and abuse, violence, and prejudice....Group Work with Adolescents has to be considered as among the small number of great social work texts." (on the first edition)

(*Families in Society* 1999-05-01)

"Malekoff's command of social group work practice shows at every turn in his presentation of skills in use. Each intervention is well rationalized....Practice examples are plentiful and well chosen to fit, exactly, with the practice approach being espoused....What makes this book so important, so timely, and so appropriate is that Malekoff is able to translate his immense proficiency at social group work with adolescents into a text that is readable, sound, and authentic." (on the first edition)

(*Journal of Teaching in Social Work* 2013-12-05)

"With honesty, enthusiasm, and genuine concern for his clients, Malekoff shares years of experience and expertise. His very detailed book is truly a teaching tool....For the clinician who wishes to learn the secrets of successful process-oriented group therapy...this book will immerse one in the real world of treating high-risk adolescents....For the clinician who seriously plans to work with adolescents in a group setting...this book is a must." (on the first edition)

(*Journal of Clinical Child Psychology* 1999-03-01)

"Thoughtful, thorough, sensitive, and compelling....This reviewer experiences Andrew Malekoff as an excellent writer, whose ability to capture and describe the various rhythms, cycles, stages, themes, and dynamics of the group experience is truly awesome....I wholeheartedly recommend this wonderful and inspiring book to anyone who works with adolescents in groups." (on the first edition)

(*Child and Adolescent Social Work* 2000-06-01)

"This book is written in a lively style with many examples and quotations....This is a readable and practical book which can be helpful to all those who work with adolescents in groups." (on the first edition)

(*Journal of Child and Adolescent Group Therapy* 2000-06-01)

"Practitioners who do group work with troubled adolescents will find Andrew Malekoff's book an excellent introduction to this sometimes intimidating population, particularly for the inexperienced...Malekoff offers wisdom that is most often not taught in academia but can only come with experience." (on the first edition)

(*Journal of Child and Family Studies* 1998-06-01)

About the Author

Andrew Malekoff, MSW, LCSW, CASAC, is Executive Director and CEO of the North Shore Child and Family Guidance Center in Roslyn Heights, New York, where he has worked since 1977. Mr. Malekoff is Editor in Chief of *Social Work with Groups: A Journal of Community and Clinical Practice*, has taught as an adjunct professor at the Adelphi and New York University Schools of Social Work, and serves as a board member for the International Association for Social Work with Groups. He was named Social Work Community Practitioner of the Year by the New York State Social Work Education Association. Widely published, Mr. Malekoff has presented his work and facilitated workshops across the United States and Canada.

Users Review

From reader reviews:

Betty Young:

This book untitled Group Work with Adolescents, Third Edition: Principles and Practice (Social Work Practice with Children and Families) to be one of several books that best seller in this year, honestly, that is because when you read this publication you can get a lot of benefit onto it. You will easily to buy this particular book in the book retail outlet or you can order it by means of online. The publisher with this book sells the e-book too. It makes you quickly to read this book, since you can read this book in your Mobile phone. So there is no reason to you to past this reserve from your list.

Earline Shepler:

Reading a reserve tends to be new life style in this era globalization. With reading through you can get a lot of information that could give you benefit in your life. With book everyone in this world can easily share their idea. Publications can also inspire a lot of people. Many author can inspire their own reader with their story or even their experience. Not only the storyplot that share in the publications. But also they write about the ability about something that you need example of this. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book which exist now. The authors these days always try to improve their expertise in writing, they also doing some research before they write for their book. One of them is this Group Work with Adolescents, Third Edition: Principles and Practice (Social Work Practice with Children and Families).

Dora Dickey:

People live in this new time of lifestyle always make an effort to and must have the spare time or they will get lot of stress from both day to day life and work. So , when we ask do people have spare time, we will say absolutely of course. People is human not a robot. Then we question again, what kind of activity are there when the spare time coming to you actually of course your answer can unlimited right. Then ever try this one, reading guides. It can be your alternative throughout spending your spare time, often the book you have read is definitely Group Work with Adolescents, Third Edition: Principles and Practice (Social Work Practice with Children and Families).

Joel Peterson:

Group Work with Adolescents, Third Edition: Principles and Practice (Social Work Practice with Children and Families) can be one of your beginning books that are good idea. We recommend that straight away because this book has good vocabulary that could increase your knowledge in vocab, easy to understand, bit entertaining but nonetheless delivering the information. The writer giving his/her effort to get every word into enjoyment arrangement in writing Group Work with Adolescents, Third Edition: Principles and Practice (Social Work Practice with Children and Families) however doesn't forget the main place, giving the reader the hottest as well as based confirm resource info that maybe you can be one among it. This great information can drawn you into brand-new stage of crucial contemplating.

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