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Making Sense of Autistic Spectrum Disorders: Create the Brightest Future for Your Child with the Best Treatment Options

By James Coplan M.D.

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In this authoritative and empowering book, one of the world's leading experts on early child development gives caregivers of children on the autistic spectrum the knowledge they need to navigate the complex maze of symptoms, diagnoses, tests, and treatment options that await them.

For more than thirty years, James Coplan, M.D., has been helping families cope with the challenges posed by autistic spectrum disorders (ASD). Each family that walks into his office, he knows, is about to begin a journey. With this book, he lays out the steps of that journey. Dr. Coplan brings you into the treatment rooms and along for the tests and evaluations, and provides the kind of practical hands-on guidance that will help you help your child with ASD through every phase of life.

At a time when ASD has become the subject of wild theories and uninformed speculation, Dr. Coplan grounds his recommendations in reality. He helps you understand for yourself where your child may be on the spectrum that includes autism, Asperger Syndrome, and Pervasive Developmental Disorder-Not Otherwise Specified. His clear, comprehensive, and compassionate advice prepares you to make informed medical decisions, evaluate the various educational and therapeutic alternatives, and find answers to such fundamental questions as

- How do I optimize my child's long-term potential?
- Which interventions will best serve my child?
- How do the various therapies work, and what is the evidence to support them?
- What is the best way to teach my child?

This book empowers you to be an expert advocate for your child, so that you'll know when to say no to an ill-advised therapy or medication and can make with confidence the hundreds of important decisions you will face in the years ahead. For every parent who has made the painful transition from "Why did this happen?" to "What can we do to help our child?," here is the indispensable guidebook you've been waiting for.

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Editorial Review

From Publishers Weekly

A developmental pediatrician who has worked with children on the autism spectrum for more than 30 years, Coplan pre-sents a detailed analysis of the disorder. In Part I, the author discusses the causes and symptoms. Part II focuses on treatment, including a thorough examination of behavior management techniques and medications, and in Part III the focus is on the family as the child ages. The sibling of an individual with special needs, Coplan has a compassionate voice and a keen understanding of the devastation parents feel upon learning of their child's diagnosis, but he is also determined to confront sense and nonsense in autism treatment. He questions the popular theory of a connection to gluten, refutes the assertion that autism results from the measles-mumps-rubella (MMR) vaccine, and argues that while the prevalence of autism is certainly on the rise because of broadening definitions and changes in federal education law, there is not an epidemic, as many claim. Though pragmatic, Coplan maintains a hopeful tone; he points out that autism often has a natural history of improvement over time and predicts scientific progress as well. This is a comprehensive text dealing with a complex disorder, but it's Coplan's worthy contention that the more parents understand, the better advocates they will be for their child. (Apr.)

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Review

"An indispensable guide."—Mark L. Batshaw, M.D., chief academic officer at the Children's National Medical Center

"Dr. Coplan has given parents a concise road map for navigating their journey through the maze of services, therapies, and programs available for their children. I wish I'd had this sooner!"—Stacy Groder, board member of the Autism Society of America

"I highly recommend this book for families whose child has an autistic spectrum disorder, and it will also prove helpful for therapists, educators, and providers who want to learn more about ASD."—Randi J. Hagerman, M.D., medical director of the M.I.N.D. Institute

"An engaging guide for both professionals and parents, written authoritatively from a most important perspective on children with autistic spectrum disorders."—Janet A. Deatrick, Ph.D., FAAN, associate professor and associate director, Center for Health Disparities Research, University of Pennsylvania School of Nursing

"The journey of raising a child with ASD can be frightening, exhausting, and overwhelming. With the information contained in **Making Sense of Autistic Spectrum Disorders**, parents of newly diagnosed children will find this journey easier and may also enjoy the magical moments that are part of raising a child on the spectrum. I wish this book had been available when my son was diagnosed eleven years ago."—Margaret S. Price, attorney at the Price Law Firm

About the Author

James Coplan, M.D., is one of the few physicians in the world to be board-certified in both developmental-behavioral pediatrics and neurodevelopmental disabilities. Trained at New York Medical College and the Johns Hopkins University, for eighteen years he directed resident training in child development at Upstate Medical Center in Syracuse, New York, followed by an appointment as director of interdisciplinary training

in developmental disabilities at The Children's Hospital of Philadelphia. Now in private practice in Rosemont, Pennsylvania, he specializes in the care of children with ASD. He continues to teach at the University of Pennsylvania and is a frequent speaker at the local and national level.

Users Review

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Antoinette Hogg:

What do you consider book? It is just for students because they're still students or the item for all people in the world, what best subject for that? Simply you can be answered for that problem above. Every person has distinct personality and hobby per other. Don't to be pushed someone or something that they don't want do that. You must know how great in addition to important the book Making Sense of Autistic Spectrum Disorders: Create the Brightest Future for Your Child with the Best Treatment Options. All type of book can you see on many resources. You can look for the internet solutions or other social media.

Terry Palladino:

People live in this new day of lifestyle always try to and must have the time or they will get great deal of stress from both day to day life and work. So , when we ask do people have time, we will say absolutely yes. People is human not only a robot. Then we ask again, what kind of activity have you got when the spare time coming to you of course your answer may unlimited right. Then do you try this one, reading books. It can be your alternative with spending your spare time, the actual book you have read is usually Making Sense of Autistic Spectrum Disorders: Create the Brightest Future for Your Child with the Best Treatment Options.

Terry Pullen:

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Rachel Leadbetter:

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