

# Cooking for Geeks: Real Science, Great Cooks, and Good Food

By Jeff Potter





**Cooking for Geeks: Real Science, Great Cooks, and Good Food** By Jeff Potter

Why do we cook the way we do? Are you the innovative type, used to expressing your creativity instead of just following recipes? Do you want to learn to be a better cook or curious about the science behind what happens to food as it cooks?

More than just a cookbook, Cooking for Geeks applies your curiosity to discovery, inspiration, and invention in the kitchen. Why do we bake some things at 350°F/175°C and others at 375°F/190°C? Why is medium-rare steak so popular? And just how quickly does a pizza cook if we overclock an oven to 1,000 F/540 C? Author and cooking geek Jeff Potter provides the answers to these questions and more, and offers his unique take on recipes -- from the sweet (a patent-violating chocolate chip cookie) to the savory (slow-cooked brisket).

This book is an excellent and intriguing resource for anyone who enjoys cooking or wants to experiment in the kitchen.

Discover what type of cook you are and calibrate your tools
Learn about the important reactions in cooking, such as protein denaturation,
Maillard reactions, and caramelization, and how they impact the foods we cook
Gain firsthand insights from interviews with researchers, food scientists, knife
experts, chefs, writers, and more, including author Harold McGee, TV
personality Adam Savage, and chemist Hervé This





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#### **Editorial Review**

Review

Praise for the first edition:

One of the most useful books on understanding cooking, kind of like a rock-and-roll version of Harold McGee's "On Food and Cooking." *-The Washington Post* 

In his enchanting, funny, and informative book, Cooking for Geeks (O'Reilly), Jeff Potter tells us why things work in the kitchen and why they don't. -NY Daily News

Potter covers an array of topics...while giving readers a refresher in chemistry that is both accessible and (dare I say) fun. -The New Yorker's Book Bench

Clear, fact-packed, and engaging. -The Atlantic

About the Author

Jeff Potter is curious about the science of food and loves finding answers to why ingredients and recipes work the way they do. By bringing science to food-minded people and food to science-minded people, he blends genres to educate the public about how to master the kitchen. Jeff has been featured in *USA Today*, the Today Show, and is a regular guest on Science Friday.

#### **Users Review**

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#### Mark Mata:

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#### **Aurora Foster:**

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#### **Kimberly Mason:**

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#### **Molly Salazar:**

That book can make you to feel relax. This kind of book Cooking for Geeks: Real Science, Great Cooks, and Good Food was colourful and of course has pictures on there. As we know that book Cooking for Geeks: Real Science, Great Cooks, and Good Food has many kinds or style. Start from kids until young adults. For example Naruto or Detective Conan you can read and feel that you are the character on there. So, not at all of book are usually make you bored, any it offers up you feel happy, fun and chill out. Try to choose the best book to suit your needs and try to like reading that.

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