



## **Kabbalistic Teachings of the Female Prophets: The Seven Holy Women of Ancient** Israel

By J. Zohara Meyerhoff Hieronimus D.H.L.



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The spiritual teachings of Israel's biblical prophetesses from a kabbalistic perspective

- Explores the lives and symbolic significance of seven female prophets: Sarah, Miriam, Devorah, Chanah, Avigail, Chuldah, and Esther
- Uses the gematria of Jewish metaphysics to demonstrate that prophecy is a mystical initiatory path by which Divine Will is made known, not only a tool for telling the future
- Presents practical applications of kabbalistic teachings for spiritual development

The seven prophetesses of Israel--Sarah, Miriam, Devorah, Chanah, Avigail, Chuldah, and Esther--lived between 1800 and 350 BCE. Their combined lives reflect a kabbalistic path of spiritual evolution that is as pertinent to our lives today as it was for the biblical communities in which they lived.

From her studies of the Torah and classical gematria, Zohara Hieronimus shows that each prophetess is linked to a Sefirah on the kabbalistic Tree of Life: from creation (Sarah) through learning correct moral action (Devorah) to the promise of redemption and ultimately resurrection (Esther). Using the stories of their lives and teachings, Hieronimus reveals the relationship of each prophetess to the seven days of the week, the seven sacred species of Israel, the human body, and Jewish holidays and rituals.

This book presents the kabbalistic teachings of these holy women and what they reveal about the initiatory path of individual development and redemption. The seven prophetesses show that every person has a part to play in the repair of the world, and Hieronimus gives a practical set of maps and spiritual guidelines for that journey.

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#### Review

"A unique book that will nurture your soul and help you achieve inner refinement with the power, love, and femininity of the seven biblical prophetesses." (Rabbi Simon Jacobson, author of Toward a Meaningful Life)

"... a unique book. I mean this quite literally, for I know nothing quite like this work, either in the Cabalistic tradition, or in the wider magical tradition... the scope of history, the humility of the writing, and the spiritual insights offered, carry the work well beyond the usual limits of feminism, and indeed, transforms the feminine into the Universal." (*David Ovason, reviewer, Nov 2008*)

"It is an informative and thought-provoking book that will open the eyes of the reader to new vistas of understanding, of both the prophetesses and of the Torah, in general." (*Rabbi Chayim Lando, Orthodox Rabbi*)

"This is indeed a unique book for this dark/bright moment in our human evolution. It reveals the power of prophecy among the women of ancient Israel and is an impeccable portal to the state of sanity that our humanity urgently needs at this perplexed and confused time." (Samuel Ben-Or Avital, author of The Invisible Stairway: Kabbalistic Meditations on the Hebrew Letter)

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J. ZOHARA MEYERHOFF HIERONIMUS is an award-winning radio broadcaster, social justice and environmental activist, and professional artist. She founded the Ruscombe Mansion Community Health Center in Baltimore in 1984 and hosts the national radio program *Future Talk*. She lives with her husband, Robert R. Hieronimus, in Maryland.

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