



# Draw Me A Picture: The Meaning of Children's Drawings and Play from the Perspective of Analytical Psychology

By Theresa Foks-Appelman



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Clarion Review: \*\*\*\*\* The analytical psychology of Carl Gustav Jung, the ideas of Erich Neumann and modern developmental psychology offer excellent guidelines in the search for the significance of children's drawings. Children actually live in the mythological period of our ancestors. Just as our ancestors' growing process of awareness was reflected in mythological stories, rituals, fairy tales and primitive art, a child's process of awareness is reflected in his or her drawings. There are similarities between the products from various periods of art history and the drawings that children make at various ages. In 'Draw me a Picture' children's drawings ranging from their very first scribbles to drawings by adolescents are described and analyzed. And, when doing so, the author repeatedly makes links to the world of children's games. She also offers illustrative examples from her therapeutic practice. This book is a tool for play therapists, art therapists, sandplay therapists and teachers.



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### **Editorial Review**

#### **Review**

*Draw Me a Picture* reminds readers that there's a universal spontaneous language of expression we can understand, a wise story told image by image, on the page: It is our story.

*Elena Karina Byrne* --ForeWord Clarion Review

#### **About the Author**

Theresa Foks-Appelman is a registered creative arts therapist from Holland, the Netherlands. She has had a private practice, since 1995 in which she works with children and parents. Her book about the symbolic meaning of drawings and play was published in the Netherlands in 2004, translated in English 2007, Hebrew 2009 and Complex Chinese 2011. Theresa Foks-Appelman is Sandplay Therapist and teaching member of the I.S.S.T. and member of the International Playtherapy Studygroup.

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