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Love Louder: 33 Ways to Amplify Your Life

By Preston Smiles



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Love Louder: 33 Ways to Amplify Your Life By Preston Smiles

Former bad boy-turned-inspirational messenger Preston Smiles shakes things up in the world of personal development, sharing a uniquely modern, love-based approach on how to live with more excitement, clarity, and confidence.

Preston Smiles, born in Compton and raised in Los Angeles, is no stranger to a life of adventure. As a teen he joined a local gang that was first involved in petty theft but later escalated into more dangerous crimes. One night when Preston was fifteen, he was faced with a decision to take a routine ride of mischief with the friends or stay home. Intuition told him not to go. Within an hour, everyone in that car was shot. This tragic event shook him to his core and catapulted him to finding higher purpose for himself.

Love Louder presents a positive approach for getting more love and meaning out of life. With the lessons he's learned through the years, he distills ancient wisdom and new thought teachings into thirty-three timeless tools to living your best life and asks questions such as:

-What do you truly believe you deserve? Are your actions reflecting that?

-What are you a slave to? Facebook? Twitter? Alcohol? Him? Her?

-Do you have the need to be "right" all the time?

Love Louder can help you tackle these everyday challenges and teach you how to live with more excitement, productivity, clarity, and confidence. Full of insights and powerful anecdotes, Preston's motivational story is a heartwarming read for anyone seeking guidance on overall happiness and fulfillment in life.



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Editorial Review

Review

"A powerful guide to step up your life in a major way!"

- Lewis Howes, New York Times bestselling author of *The School Of Greatness*

"Preston Smiles is unstoppable! His passion and unique way of making the complicated simple makes *Love Louder* a gift for any reader who wants practical tools for taking on life's daily challenges"

- Jack Canfield, author of the #1 New York Times bestselling *Chicken Soup for the Soul®* series and *The Success Principles™*

"Preston Smiles is one of the true emerging leaders of our time. He carries a vision of a sacred world and inspires others to take action to manifest it"

- Dr Michael Bernard Beckwith

"Preston Smiles slaps you in the face with life's forgotten truths. His infectious energy leaves you feeling refreshed and awakened to your own path of possibility. While fully invoking his masculinity, it is his caring, sensitive, and loving nature that makes him a true man and a hero to many. I am blessed to call Preston a friend.

-Britt Hysen, founder of *Millennial Magazine*

About the Author

Preston Smiles has a large dedicated following on his YouTube channel and has been featured in *LA Weekly*, *Los Angeles Magazine*, and *Origin* magazine. He is also a regular contributor to *Huffington Post*, *The Daily Love*, *Good Guy Swag*, and has appeared on top podcasts such as Lewis Howes's *The School of Greatness* and *Addicted2Success*. He recently won *Elixir Magazine's* Millennial Mentor Award and is also one of the youngest members of ATL (Association of Transformational Leaders), founded by Jack Canfield.

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Love Louder

1

LET GO AND TAKE THE RIDE:

THE POWER OF TRUSTING THE JOURNEY

Trust your dreams, your heart, and the journey of life . . . even when you don't understand it.

Some people get so caught up in the destination that they miss that life is about the journey. They're so focused on the finish line that they miss that the beauty is in what and who you become on the way to the destination. I've received so many blessings in disguise in the form of health scares, people passing away, breakups, breakdowns, and so much more; and the thing that has supported me most is trusting in the journey. There is always more than meets the eye in every situation; and when we trust and have faith that all is well, even when it doesn't appear to be, we open ourselves up to new possibilities that we can apply in our

lives.

When we trust the journey of life, wholly and completely, we don't need to know what is unfolding or why; we simply need to be present to the experience of it. Trusting the journey means that even if we don't understand what's unfolding right now, we have an unshakable belief that it's happening because circumstances are rearranging themselves for our highest good. It means knowing that for every door that closes, a window of opportunity opens. I've noticed that many people get so down about the front door's slamming in their face that they miss the open window and the back door that swung open at the same time.

Ever since my house

burnt down,

I see the moon more clearly.

—from the movie *Ashes and Snow*

Sometimes it's not until we've had it all taken away that we truly understand what it means to have faith. In those moments, standing metaphorically naked and vulnerable, we're forced to surrender to what is so that we can allow the journey to unfold as it needs to. Sometimes certain people or circumstances aren't meant for our lives, and we often don't realize it until we look back, years later. When we trust the journey, we can rest assured that every breakdown is a catalyst for a breakthrough.

#LOVELOUDERAFFIRMATION

Today I am available for all the good that is happening right now, regardless of how it may appear.

Users Review

From reader reviews:

Ella Butler:

The book *Love Louder: 33 Ways to Amplify Your Life* can give more knowledge and information about everything you want. Why then must we leave the good thing like a book *Love Louder: 33 Ways to Amplify Your Life*? Wide variety you have a different opinion about publication. But one aim that book can give many details for us. It is absolutely correct. Right now, try to closer together with your book. Knowledge or data that you take for that, you may give for each other; it is possible to share all of these. Book *Love Louder: 33 Ways to Amplify Your Life* has simple shape but the truth is know: it has great and massive function for you. You can appearance the enormous world by available and read a guide. So it is very wonderful.

Alan Coleman:

Do you one of people who can't read gratifying if the sentence chained within the straightway, hold on guys this aren't like that. This *Love Louder: 33 Ways to Amplify Your Life* book is readable through you who hate those straight word style. You will find the data here are arrange for enjoyable studying experience without leaving perhaps decrease the knowledge that want to deliver to you. The writer regarding *Love*

Louder: 33 Ways to Amplify Your Life content conveys the idea easily to understand by many individuals. The printed and e-book are not different in the articles but it just different by means of it. So , do you even now thinking Love Louder: 33 Ways to Amplify Your Life is not loveable to be your top list reading book?

Wilbert Westerfield:

Your reading 6th sense will not betray an individual, why because this Love Louder: 33 Ways to Amplify Your Life reserve written by well-known writer whose to say well how to make book that may be understand by anyone who all read the book. Written in good manner for you, dripping every ideas and writing skill only for eliminate your current hunger then you still uncertainty Love Louder: 33 Ways to Amplify Your Life as good book not just by the cover but also from the content. This is one book that can break don't determine book by its cover, so do you still needing yet another sixth sense to pick this particular!? Oh come on your reading sixth sense already said so why you have to listening to an additional sixth sense.

Jordan Moore:

Is it you actually who having spare time and then spend it whole day by simply watching television programs or just resting on the bed? Do you need something totally new? This Love Louder: 33 Ways to Amplify Your Life can be the response, oh how comes? The new book you know. You are therefore out of date, spending your free time by reading in this fresh era is common not a nerd activity. So what these publications have than the others?

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