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Big, Beautiful, and Pregnant: Expert Advice and Comforting Wisdom for the Expecting Plus-Size Woman

By Cornelia van der Ziel, Jacqueline Tourville

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Almost half of all pregnant women are overweight in the U.S. today, but there are few places they can turn for reliable information and helpful advice on the special set of challenges they'll face during the nine-month adventure that lies ahead. In *Big, Beautiful and Pregnant*, Cornelia van der Ziel, a highly sought-after obstetrician who specializes in plus-size pregnancies, and Jacqueline Tourville, a plus-size mom who's lived the experience, offer a warm, witty, medically-sound guide for overweight women who want the skinny on what to expect from pregnancy and childbirth. They answer all the questions pregnant moms may have, including: Is my pregnancy doomed to be difficult because I'm overweight? How can I find a sympathetic doctor? Am I destined for a c-section because of my extra pounds? Are there special medical risks to my unborn child? Where can I find maternity clothes in extra-large sizes? A unique combination of impeccable medical advice, fun, and down-to-earth charm, *Big, Beautiful and Pregnant* provides plus-size pregnant women with information, inspiration, a sense of sisterhood, and reassurance that they can have a healthy and happy pregnancy.

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Editorial Review

About the Author

Cornelia van der Ziel, M.D., is a highly sought-after obstetrician in private practice who specializes in plus-size and high-risk pregnancy. Currently a professor of obstetrics and gynecology at Harvard Medical School, she lives in Boston.

Jacqueline Tourville is a childbirth professional who gives plus-size seminars at hospitals, schools, birthing centers, and numerous other venues. A plus-size woman herself, Tourville lived the big, beautiful and pregnant experience and gave birth to a healthy baby girl in 2002. She lives with her family in New Hampshire.

Users Review

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Jennifer McMorris:

Big, Beautiful, and Pregnant: Expert Advice and Comforting Wisdom for the Expecting Plus-Size Woman can be one of your basic books that are good idea. Many of us recommend that straight away because this reserve has good vocabulary that will increase your knowledge in words, easy to understand, bit entertaining but delivering the information. The article author giving his/her effort to set every word into enjoyment arrangement in writing Big, Beautiful, and Pregnant: Expert Advice and Comforting Wisdom for the Expecting Plus-Size Woman nevertheless doesn't forget the main position, giving the reader the hottest as well as based confirm resource data that maybe you can be one of it. This great information could drawn you into completely new stage of crucial pondering.

Marie Velasquez:

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Jackie Peters:

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Plus-Size Woman has many kinds or variety. Start from kids until young adults. For example Naruto or Investigation company Conan you can read and believe you are the character on there. Therefore not at all of book tend to be make you bored, any it offers up you feel happy, fun and rest. Try to choose the best book in your case and try to like reading this.

Mary May:

Many people said that they feel uninterested when they reading a guide. They are directly felt that when they get a half areas of the book. You can choose the actual book Big, Beautiful, and Pregnant: Expert Advice and Comforting Wisdom for the Expecting Plus-Size Woman to make your current reading is interesting. Your own skill of reading skill is developing when you like reading. Try to choose basic book to make you enjoy to learn it and mingle the feeling about book and reading through especially. It is to be initial opinion for you to like to open up a book and read it. Beside that the reserve Big, Beautiful, and Pregnant: Expert Advice and Comforting Wisdom for the Expecting Plus-Size Woman can to be your new friend when you're sense alone and confuse in doing what must you're doing of their time.

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