



### 10 Sacred Questions for Every Woman: About Love, Friendship & Finding True Happiness

By Julie Gohman PhD



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What is true for me? What is my soul story? What do I need to flourish? Do I have the gift of true friendship? These are just a few of the questions every woman has the right to ask herself. As we're all seeking authenticity and lives enriched with wisdom and fulfillment, inquiry is the key to unlocking the life that's been waiting for you. 10 Sacred Questions for Every Woman is a journey to discover your own sacred presence — a quest to transcend disenchantment and emptiness to embrace who you truly are. Whether you are young or old, spiritual or pragmatic, 10 Sacred Questions for Every Woman will leave you mindful, present, and joyfully prepared for the adventures of womanhood.



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#### **Editorial Review**

#### Review

\*The questions within this book gleam like jewels, they are the greatest gift anyone can give you.\* \*Julie Gohman has generously and creatively set them within a treasury of stories, poems and exercises that center these questions in the midst of our own soul's journey. In this wild and sacred territory, Julie Gohman is a skillful guide. \* —Ji Hyang Padma, author, Living the Season: Zen Practices for Transformative Times

\*Few things bring faster alignment than an honest answer to a powerful question. Dr. Julie Gohman's sacred questions are lightening rods for increased clarity and soulful connection to what matters most. I recommend 10 Sacred Questions for Every Woman to all those who want to understand and nourish the sacred in their lives.\*—Amy Rodquist-Kodet, MA, CPHWC, Holistic Health Coach, University of Kentucky

#### About the Author

JULIE GOHMAN, Ph.D., received her doctorate in Psychology from Sofia University in Palo Alto, CA and is a member of the Society for Humanistic Psychology, and the Association for Transpersonal Psychology. She is a professor of psychology and lives in Minnesota with her family. Her research about inquiry and women's development has been featured nationally and internationally.

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