



# Trauma Competency: A Clinician's Guide

By Linda Curran



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## Trauma Competency: A Clinician's Guide By Linda Curran

This is a book for clinicians. More specifically, it is a book for clinicians to use with their clients affected by trauma's sequelae. Unique in its approach, author Linda Curran not only defines and explains the current trauma paradigm-relevant, theories and current neuroscience, but step-by-step demonstrates its in-session clinical utility and applicability.

This is the book that clinicians will refer to daily - the beat-up book whose pages are falling out due to excessive handling, referencing specific pages over and over, and copying handouts for clients.

From assessment through stabilization, from internal and external resourcing to the working through of traumatic material, each chapter guides the clinician further into trauma's theory and practice. Recommended for all clinicians working with trauma, this book is a clear and concise, reader-friendly illumination of the HOW and the WHY of trauma treatment.



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