

How to Talk So Teens Will Listen and Listen So Teens Will Talk

By Adele Faber, Elaine Mazlish



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From the widely-acclaimed HOW TO TALK series, discover the tools to combat the often stormy years of adolescence. Packed with practical, accessible advice and guidelines, both parents and teens will learn how to: * Engage cooperation * Take appropriate action * Avoid lectures * Express your feelings and understand each other * Work out solutions together

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Review

?Just read this brilliant expose on the teenage psyche. -- Lovereading -Could save your sanity and help your child get through puberty. -- Best Recommended.- Woman's Weekly

About the Author

Adele Faber and Elaine Mazlish are internationally acclaimed, award-winning experts on adult-child communication. Both lecture nationwide, and their group workshop programs are used by thousands of groups throughout the world to improve communication between children and adults.

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