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Clinician's Handbook of Adult Behavioral Assessment (Practical Resources for the Mental Health Professional)

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Given the vast amount of research related to behavioral assessment, it is difficult for clinicians to keep abreast of new developments. In recent years, there have been advances in assessment, case conceptualization, treatment planning, treatment strategies for specific disorders, and considerations of new ethical and legal issues. Keeping track of advances requires monitoring diverse resources limited to specific disorders, many of which are theoretical rather than practical, or that offer clinical advice without providing the evidence base for treatment recommendations. This handbook was created to fill this gap, summarizing critical information for adult behavioral assessment.

The **Clinician's Handbook of Adult Behavioral Assessment** provides a single source for understanding new developments in this field, cutting across strategies, techniques, and disorders. Assessment strategies are presented in context with the research behind those strategies, along with discussions of clinical utility, and how assessment and conceptualization fit in with treatment planning. The volume is organized in three sections, beginning with general issues, followed by evaluations of specific disorders and problems, and closing with special issues. To ensure cross chapter consistency in the coverage of disorders, these chapters are formatted to contain an introduction, assessment strategies, research basis, clinical utility, conceptualization and treatment planning, a case study, and summary. Special issue coverage includes computerized assessment, evaluating older adults, behavioral neuropsychology, ethical-legal issues, work-related issues, and value change in adults with acquired disabilities. Suitable for beginning and established clinicians in practice, this handbook will provide a ready reference toward effective adult behavioral assessment.



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Clinician's Handbook of Adult Behavioral Assessment (Practical Resources for the Mental Health Professional) From Academic Press Bibliography

- Sales Rank: #2071018 in Books
- Published on: 2005-12-01
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x 1.58" w x 5.90" l, 2.07 pounds
- Binding: Paperback
- 696 pages

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Editorial Review

Review

"Overall, then, I was impressed by this text. It provides a remarkably up-to-date overview of a vast and ever-expanding literature, and the authors, editor, and upblisher are to be commended in achieving this...an essential reference source for trainee clinicans, researchers, and practitioners"

- Robert J. Edelman for *PsycCRITIQUES*, August 30, 2006 Vol. 51 (35), Article 5

From the Back Cover

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About the Author

Michel Hersen (Ph.D. State University of New York at Buffalo, 1966) is Professor and Dean, School of Professional Psychology, Pacific University, Forest Grove, Oregon. He is Past President of the Association for Advancement of Behavior Therapy. He has written 4 books, co-authored and co-edited 126 books, including the Handbook of Prescriptive Treatments for Adults and Single Case Experimental Designs. He has also published more than 220 scientific journal articles and is co-editor of several psychological journals, including Behavior Modification, Clinical Psychology Review, Journal of Anxiety Disorders, Journal of Family Violence, Journal of Developmental and Physical Disabilities, Journal of Clinical Geropsychology, and Aggression and Violent Behavior: A Review Journal. With Alan S. Bellack, he is co-editor of the recently published 11 volume work entitled Comprehensive Clinical Psychology. Dr. Hersen has been the recipient of numerous grants from the National Institute of Mental Health, the Department of Education, the National Institute of Disabilities and Rehabilitation Research, and the March of Dimes Birth Defects Foundation. He is a Diplomate of the American Board of Professional Psychology, Distinguished Practitioner and Member of the National Academy of Practice in Psychology, and recipient of the Distinguished Career Achievement Award in 1996 from the American Board of Medical Psychotherapists and Psychodiagnosticians. Dr. Hersen has written and edited numerous articles, chapters and books on

clinical assessment.

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