



# The Crystal Horizon: Everest-The First Solo Ascent

By Reinhold Messner



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**The Crystal Horizon: Everest-The First Solo Ascent** By Reinhold Messner



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\* More than an adventure, this captures Messner's reflections on Tibet and the climbers who have gone before him

\* Messner ranks among the most accomplished mountaineers in history

\* This edition brings a mountaineering classic back into print

On August 20, 1980, Reinhold Messner, the world-renowned master of alpine-style climbing, became the first person to reach the summit of Everest solo and without supplemental oxygen. A vivid account of Messner's expedition, *The Crystal Horizon* also reflects on how he explored his innermost thoughts while facing the most extreme physical challenge he had ever encountered. The furthest point for mind and body he calls his crystal horizon.

Inspired by the legendary mountaineers George Mallory and Maurice Wilson, Messner embarked on a year-long journey through Tibet to the glittering light and rarified air at the roof of the world. More than an adventure story, this is Messner's profound reflection on his emotional reactions to Tibet, the challenges he faced, and the explorations of selfñinspired by this amazing journey.



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## The Crystal Horizon: Everest-The First Solo Ascent By Reinhold Messner Bibliography

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### Editorial Review

From Library Journal

The controversial Messner, revered by some as the spiritual leader of mountaineering and denounced by others as a macho peak-bagger, chronicles his extraordinary 1980 solo climb of the world's tallest mountain. Messner's philosophy dictates that he climb without the aid of oxygen and unencumbered by the people and equipment of large-scale expeditions; he carries only a tent, camera, some climbing equipment, and food. Climbing from the Tibetan side, Messner provides intriguing observations of that mysterious region. He also includes fascinating stories of the climbers who preceded him. Messner presents selections from the diary of his American girlfriend, who accompanied him to base camp. Messner's reflections, coupled with those entries, show Messner to be egotistical and self-centered, perhaps the very characteristics that make him such a determined, ambitious, and great climber. Highly recommended for adult as well as YA collections.

- *Melinda Stivers Leach, Precision Editorial Svcs., Boulder, Col.*

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### Review

Makes for extraordinary reading. (*Adirondack magazine*)

His descriptions are first-rate. One can almost hear the crunch of the ice beneath his crampons and the roar of the high atmosphere wind. Even knowing the outcome, the reader will find the step-by-step suspense of the endeavor riveting... An instant classic in mountaineering literature. (*The Washington Times*)

### Language Notes

Text: English (translation)

Original Language: German

### Users Review

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##### Lewis Tuggle:

The book *The Crystal Horizon: Everest-The First Solo Ascent* gives you the sense of being enjoy for your spare time. You can use to make your capable much more increase. Book can to become your best friend when you getting anxiety or having big problem together with your subject. If you can make reading through a book *The Crystal Horizon: Everest-The First Solo Ascent* being your habit, you can get far more advantages, like add your own capable, increase your knowledge about several or all subjects. You may know everything if you like open up and read a publication *The Crystal Horizon: Everest-The First Solo Ascent*. Kinds of book are several. It means that, science book or encyclopedia or other individuals. So , how do you think about this publication?

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**Jessica Jones:**

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