



 Get Print Book

Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice

From Brand: Springer



Download



Read Online

Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice From Brand: Springer

The book addresses the problems that couples experience through the life cycle. Each chapter includes an up-to-date review of the literature pertinent to the topic, with a focus on practical interventions which are generally based upon, but not limited to, cognitive and rational emotive behavioral principles. Case studies or vignettes further illustrate application of principles. Worksheets, checklists, or other resources that would be useful in working with couples are also included where relevant. This book presents interventions based upon research, theory, and most of all on practice. And is relevant to marriage and family therapists, mental health counselors, psychologists and psychiatrists, nurse practitioners, family law experts, social workers and relationship coaches. In addition, it can serve as a textbook for students in marriage and family therapy.



[Download Cognitive and Rational-Emotive Behavior Therapy wi ...pdf](#)



[Read Online Cognitive and Rational-Emotive Behavior Therapy ...pdf](#)

Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice

From Brand: Springer

Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice From Brand: Springer

The book addresses the problems that couples experience through the life cycle. Each chapter includes an up-to-date review of the literature pertinent to the topic, with a focus on practical interventions which are generally based upon, but not limited to, cognitive and rational emotive behavioral principles. Case studies or vignettes further illustrate application of principles. Worksheets, checklists, or other resources that would be useful in working with couples are also included where relevant. This book presents interventions based upon research, theory, and most of all on practice. And is relevant to marriage and family therapists, mental health counselors, psychologists and psychiatrists, nurse practitioners, family law experts, social workers and relationship coaches. In addition, it can serve as a textbook for students in marriage and family therapy.

Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice From Brand: Springer Bibliography

- Sales Rank: #4002302 in Books
- Brand: Brand: Springer
- Published on: 2012-12-07
- Original language: English
- Number of items: 1
- Dimensions: 9.21" h x .69" w x 6.14" l, 1.31 pounds
- Binding: Hardcover
- 280 pages

 [Download Cognitive and Rational-Emotive Behavior Therapy wi ...pdf](#)

 [Read Online Cognitive and Rational-Emotive Behavior Therapy ...pdf](#)

Download and Read Free Online Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice From Brand: Springer

Editorial Review

From the Back Cover

Cognitive and Rational-Emotive Behavior Therapy with Couples:
Theory and Practice

Ann Vernon, editor

About the Author

Ann Vernon, Ph.D., Sc.D., RLPC, is President of the Albert Ellis Board of Trustees, a Diplomate of the Albert Ellis Institute, a member of the International Training Standards and Review Committee of the AEI, a member of the Board of Consulting Advisors for the *Journal of Rational-Emotive Cognitive-Behavior Therapy*, and former Director of the Midwest Center for REBT. In addition, she was selected by the American Psychological Association to do a counseling video demonstration entitled *Rational Emotive Behavior Therapy Over Time: Psychotherapy in Six Sessions*. Dr. Vernon is recognized as an international expert in applications of RE&CBT with children and adolescents and has written numerous books, chapters, and articles about counseling this population, including *Thinking, Feeling, Behaving: An Emotional Education Curriculum*, *What Works When with Children and Adolescents: A Handbook of Individual Counseling Techniques*, *The Passport Program*, and *More What Works When with Children and Adolescents*. She is also the editor of *Counseling Children and Adolescents*, a textbook that is used throughout the country and in other parts of the world in many counselor education programs. Dr. Vernon is Professor Emerita, University of Northern Iowa, where she served as Coordinator of the School and Mental Health Counseling programs for many years. In addition to her university appointment, Dr. Vernon was in private practice, working with children and adolescents, as well as couples and women presenting with anxiety, depression, and eating disorders. She currently conducts RE&CBT training programs in Romania at the University of Oradea, the RINO Mental Health Center in Amsterdam, and throughout Australia for Cognitive-Behaviour Therapy Australia. For many years she has been an active presenter in the United States, Canada, and South America, offering workshops on a variety of topics related to counseling children and adolescents.

Users Review

From reader reviews:

Loren Velasco:

As people who live in the modest era should be revise about what going on or information even knowledge to make these individuals keep up with the era that is certainly always change and move ahead. Some of you maybe may update themselves by reading through books. It is a good choice in your case but the problems coming to an individual is you don't know what kind you should start with. This Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice is our recommendation to make you keep up with the world. Why, because book serves what you want and wish in this era.

Mary Crist:

The experience that you get from Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice may be the more deep you digging the information that hide within the words the more you get interested in reading it. It does not mean that this book is hard to recognise but Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice giving you enjoyment feeling of reading. The article writer conveys their point in particular way that can be understood by simply anyone who read that because the author of this publication is well-known enough. This particular book also makes your own vocabulary increase well. That makes it easy to understand then can go together with you, both in printed or e-book style are available. We suggest you for having this kind of Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice instantly.

Leon Fisher:

Often the book Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice will bring you to the new experience of reading a book. The author style to explain the idea is very unique. In the event you try to find new book you just read, this book very acceptable to you. The book Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice is much recommended to you to learn. You can also get the e-book from your official web site, so you can more readily to read the book.

Kayla France:

Many people said that they feel fed up when they reading a publication. They are directly felt it when they get a half regions of the book. You can choose the actual book Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice to make your own personal reading is interesting. Your own skill of reading expertise is developing when you like reading. Try to choose easy book to make you enjoy to read it and mingle the feeling about book and looking at especially. It is to be first opinion for you to like to open a book and go through it. Beside that the book Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice can to be your new friend when you're truly feel alone and confuse using what must you're doing of that time.

Download and Read Online Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice From Brand: Springer #8M7A4ON5QE3

Read Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice From Brand: Springer for online ebook

Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice From Brand: Springer Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice From Brand: Springer books to read online.

Online Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice From Brand: Springer ebook PDF download

Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice From Brand: Springer Doc

Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice From Brand: Springer Mobipocket

Cognitive and Rational-Emotive Behavior Therapy with Couples: Theory and Practice From Brand: Springer EPub