



# The Undistracted Widow: Living for God after Losing Your Husband

By Carol W. Cornish



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Writing from a biblical perspective, Carol Cornish helps readers to discover how God is working in the midst of the deep distress of losing a spouse. She provides the reader with direction in finding true and lasting comfort in Christ. Cornish, who lost her husband of 38 years to lung cancer, encourages widows to use their widowhood for God's glory. Ministry to widows needs to be a priority for Christian communities, and Cornish equips churches, families, and friends to come alongside those mourning the loss of a spouse.

*The Undistracted Widow* includes sections to help widows find renewed identity and purpose. Cornish helps readers trust in God, manage emotions, learn from both biblical and contemporary widows, rethink the past, present, and future, and prepare for what's next. Pastors, churches, and others will benefit from practical appendices. Any woman who is grieving the loss of her husband, or who knows of someone in mourning, will find this to be a valuable resource.



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**Bibliography**

- Sales Rank: #150787 in Books
- Brand: Crossway Books
- Published on: 2010-08-04
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .52" w x 6.00" l, .65 pounds
- Binding: Paperback
- 208 pages

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### Editorial Review

#### Review

“Most wives will taste the grief of widowhood. For those who have been blessed with a solid, lifelong marriage, the processes of loss will be especially varied, prolonged, and exquisitely painful. Yes, this is the probable future for most of us; in fact, many of you may already be there. Painful separation is expected. What isn’t expected is the sincere faith and profound devotion illustrated on these pages. Out of her deep grief and deeper faith, Carol has written a book that will comfort, guide, and encourage you as you face the day—alone, but not really alone. Yes, these pages are tear-stained, but more importantly, they are stained with the blood of a suffering Savior who is walking with you now. *The Undistracted Widow* will help you see him, will draw your gaze up to the One who has gone before you, and will help you trust again. I heartily recommend it!”

—**Elyse M. Fitzpatrick**, counselor; speaker; author, *Found in Him*

“I read Carol's book because I knew her before Rollie died. I was confident that whatever she wrote about being a widow would be clear, practical, and filled with wonderful encouragement to keep turning to Jesus, and it was all that and more. My plan was to pass the book on to a widow, which I will still do, but now I will be sure to have a copy handy. It is a one-stop book that is as relevant to widowers as it is to widows. Neither my wife nor I are in those categories yet, but one of us will probably be there someday, and I want her book to be close by.”

—**Edward T. Welch**, Counselor and Faculty Member, Christian Counseling & Education Foundation

“Carol Cornish has written more than a book about how to be a godly widow; Carol has compiled a comprehensive manual addressing all aspects of widowhood while maintaining a razor-like focus on the matchless insights found solely in the Word of God. For the widow searching through her grief for God, Carol becomes what she suggests every widow should look for: “a living road map,” pointing unswervingly to God’s wisdom and love as revealed in his unfailing Word.”

—**Patti McCarthy Broderick**, Christian counselor; author, *He Said, "Press"*

“Being acquainted with Carol for several years, I can say that the counsel she offers in *The Undistracted Widow* is that of painful yet faithful experience in the pursuit of Christ. The result of her experience, filtered throughout with biblical investigation, is practical and helpful counsel to women seeking to honor God in their widowhood. This is certainly a book every church will want to keep in its library.”

—**Fred G. Zaspel**, Pastor, Reformed Baptist Church, Franconia, Pennsylvania; author, *The Theology of B. B. Warfield: A Systematic Summary and Warfield on the Christian Life: Living in Light of the Gospel*

“In writing *The Undistracted Widow* Carol Cornish fulfills her desire to comfort others with the comfort she herself has received from the Lord. She offers hope, reassurance, and practical help to those grieving the loss of their spouse. The way she uses Scripture to dialog with the One who suffers with her and for her is especially compelling. This book is truly the fruit of an undistracted widow.”

—**Jayne V. Clark**, Associate Dean of Students, Westminster Theological Seminary; author, *Single and Lonely: Finding the Intimacy You Desire*

“The *Undistracted Widow* is so full of godly wisdom my heart sang through each chapter. Carol has made her biblical encouragement and precious truths flow with the Lord's lavish grace and tender mercies. It is

obvious that Carol is not theorizing, but sharing her own experiences of having the Lord walk with her and guide her through her grief. The book is a wonderful tool for the biblical counselor, for pastors, and for all disciples and disciplers. I was greatly comforted and uplifted by the entire book.”

—**Diane A. Tyson**, counselor; teacher; contributing author, *Women Helping Women*

“As a pastor’s wife and biblical counselor, I am thankful to have this resource. The Undistracted Widow not only provides widows with practical, biblical instruction, but also affords preparatory insights to people who have not experienced the sharp trial of losing a spouse. I highly recommend this book for widows and for those who love and minister to them.”

—**Rachel Miller**, conference speaker

“The Undistracted Widow is not only for women who have lost their husbands through death but also for those living without male leadership in their homes as a result of divorce or singleness. Carol helps us to turn our gaze, without distraction, to the lover of our souls, Jesus Christ, as she explores every emotion, challenge, and circumstance of living alone. This strongly biblical and practical look at widowhood is long overdue.”

—**Penny Orr**, contributing author, *Women Helping Women*; women's ministry leader

“Carol offers not simply consolation but direction. This is truly a book for the Christian widow.”

—**Sally Miller**, Lansdale, Pennsylvania

#### About the Author

**CAROL W. CORNISH** has been a biblical counselor for over 20 years and is a regular speaker at women’s seminars, workshops, and retreats. She co-edited and co-authored *Women Helping Women*, which was a finalist for the Gold Medallion Book Award.

#### Users Review

##### From reader reviews:

##### Greg Christenson:

Reading a guide can be one of a lot of action that everyone in the world loves. Do you like reading book consequently. There are a lot of reasons why people like it. First reading a publication will give you a lot of new details. When you read a publication you will get new information because book is one of various ways to share the information or maybe their idea. Second, looking at a book will make anyone more imaginative. When you studying a book especially fictional book the author will bring someone to imagine the story how the figures do it anything. Third, you can share your knowledge to other individuals. When you read this *The Undistracted Widow: Living for God after Losing Your Husband*, it is possible to tells your family, friends in addition to soon about yours reserve. Your knowledge can inspire others, make them reading a e-book.

##### Gwendolyn Mullins:

*The Undistracted Widow: Living for God after Losing Your Husband* can be one of your nice books that are good idea. All of us recommend that straight away because this guide has good vocabulary that could increase your knowledge in language, easy to understand, bit entertaining however delivering the information. The writer giving his/her effort to put every word into delight arrangement in writing *The*

Undistracted Widow: Living for God after Losing Your Husband however doesn't forget the main position, giving the reader the hottest in addition to based confirm resource details that maybe you can be one of it. This great information may drawn you into brand-new stage of crucial imagining.

**Carolyn Scott:**

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**Antonio Sisson:**

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