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Operationalized Psychodynamic Diagnosis OPD-2: Manual of Diagnosis and Treatment Planning

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Operationalized Psychodynamic Diagnosis OPD-2: Manual of Diagnosis and Treatment Planning By Opd Task Force

OPD-2 a new edition of the multiaxial diagnostic system for psychodynamically oriented therapists and psychiatrists, now with practical tools and procedures for treatment planning and for measuring change.

Operationalized Psychodynamic Diagnosis (OPD) is a form of multiaxial diagnostic and classification system based on psychodynamic principles, analogous to those based on other principles such as DSM-IV and ICD-10. The OPD is based on five axes: I = experience of illness and prerequisites for treatment, II = interpersonal relations, III = conflict, IV = structure, and V = mental and psychosomatic disorders (in line with Chapter V (F) of the ICD-10). After an initial interview lasting 1 2 hours, the clinician (or researcher) can evaluate the patient s psychodynamics according to these axes and enter them in the checklists and evaluation forms provided. The new version, OPD-2, has been developed from a purely diagnostic system to include a set of tools and procedures for treatment planning and for measuring change, as well as for determining the appropriate main focuses of treatment and developing appropriate treatment strategies.



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Editorial Review

Review

The OPD-2: Manual of Diagnosis and Treatment Planning offers a sehr gut, in fact, an excellent alternative to the DSM-IV, PDM, ICD-10, and other psychiatric classification systems.... As an alternative, the OPD-2 gives a comprehensive view of psychodynamic thinking, while embracing findings from other psychological disciplines.

The book is generally readable yet theoretically precise; it should be enriching even for those who do not plan to strictly follow the operationalization. Technically more of a manual than a book with extensive narrative material, OPD-2 offers an excellent alternative to DSM-IV description [and] also offers extensive material on treatment. The system can also be used by mental health administrators in planning and in designing treatment programs and accountability tools. Further, the highly detailed presentation is excellent for teaching purposes to help beginning clinicians gain a fuller understanding of psychodynamic considerations in diagnosis and treatment. The interview and case study sections provide a clear approach to the process of diagnostic understanding. Both authors of this review believe the OPD-2 is a worthy alternative to DSM and ICD in presenting psychodynamic themes. The OPD-2 deserves careful consideration during this period of reevaluation of diagnostic systems. --Dolores McCarthy & Franziska Hoffmann in PsycCRITIQUES, November 5, 2008

"Translated from German, Operationalized Psychodynamic Diagnosis OPD 2:

Manual of Diagnosis and Treatment Planning offers a sehr gut, in fact, an excellent alternative to the Diagnostic and Statistical Manual of Mental Disorders(DSM IV; 4th ed., text rev.; American Psychiatric Association, 2000),

Psychodynamic Diagnostic Manual (PDM; Alliance of Psychoanalytic Organizations, 2006), International Statistical Classification of Diseases and Related Health Problems (ICD 10; 10th ed.; World Health Organization, 1992),

and other psychiatric classification systems. This review is written from the perspectives of an American university professor with colleagues in Heidelberg (where the book was written) and of a German from Berlin as a visiting scholar in the United States. Dolores McCarthy, as an American academic, was most impressed by the complexity of the system; Franziska Hoffmann, a German graduate student, was more aware of the ideological and political complexities underlying the system.

The most accepted diagnostic systems include the DSM IV (American Psychiatric Association, 2000), the PDM (Alliance of Psychoanalytic Organizations, 2006), and the ICD 10 (World Health Organization, 1992). Although the DSM IV is the most accepted nosology in the United States, it has many critics (Gert & Culver, 2004; Ghaemi, 2003; Lewis, 2006; O'Donohue, Fowler, & Lilienfeld, 2007; Sadler, 2004; Widiger, 2007).

While many of the diagnostic systems stress objectivity, some professionals believe that they do so at the loss of psychological dynamism. Both systems [DSM IV and ICD 10], however, in their effort to simplify and thus facilitate communication and research have reduced the richness and clinically appropriate level of diagnosis in psychiatry... . The OPD... is a major effort to bridge the gap between

descriptive clarity and precision on the one hand, and clinical sophistication and appropriate individualized differentiation, on the other... . It is a diagnostic system that successfully attempts a synthesis between descriptive and dynamic features, and respects the interaction between biological, psychodynamic and psychosocial determinants of illness. The OPD 2 is warmly recommended to all professionals in the mental

health field. (v vi.) The OPD 1 and its current revision, OPD 2, are specialized systems in Germany, not commonly used in regular clinical practice; the ICD 10 (not DSM IV, which is also considered specialized) is the most common (Gabriele Haertel-Weiss, personal communication, June 2, 2008). The ICD 10, like the DSM IV, is descriptive and symptom based. As an alternative, the OPD 2 gives a comprehensive view of psychodynamic thinking, while embracing findings from other psychological disciplines.

Psychodynamic theory, deriving from Freud's work, has had a contentious history in diagnostic systems. The OPD is representative of the pluralistic system of modern German psychology. In fact, psychology historians refer to the current period as the (relative) consensus stage (Sprung & Sprung, 2001). Starting in the 1930s, all major schools but depth psychology integrated themselves into an all-embracing system of psychology, forming general standards of methodology. With the OPD, psychodynamic theory is joining into that process. Being a scientist influenced by the great Romantics of the early 19th century, Sigmund Freud was committed to providing insight into the mystery of the human psyche. His inheritors have become increasingly concerned about reaching more clarity in psychodynamic concepts, thereby making them accessible for evaluation and research efforts....." -- PsycCRITIQUES, Vol. 53, issue 45, November 2008, Excerpt from the review by Dolores McCarthy & Franziska Hoffmann

Users Review

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Abram Huffman:

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Paul Douglas:

Your reading sixth sense will not betray you actually, why because this Operationalized Psychodynamic Diagnosis OPD-2: Manual of Diagnosis and Treatment Planning guide written by well-known writer whose to say well how to make book that may be understand by anyone who also read the book. Written with good manner for you, dripping every ideas and composing skill only for eliminate your hunger then you still question Operationalized Psychodynamic Diagnosis OPD-2: Manual of Diagnosis and Treatment Planning as good book not simply by the cover but also with the content. This is one guide that can break don't evaluate book by its deal with, so do you still needing yet another sixth sense to pick this particular!? Oh come on your looking at sixth sense already told you so why you have to listening to yet another sixth sense.

Leigh Brown:

The book untitled Operationalized Psychodynamic Diagnosis OPD-2: Manual of Diagnosis and Treatment Planning contain a lot of information on the idea. The writer explains the girl idea with easy method. The language is very clear to see all the people, so do certainly not worry, you can easy to read this. The book was compiled by famous author. The author brings you in the new age of literary works. You can actually read this book because you can read more your smart phone, or gadget, so you can read the book throughout anywhere and anytime. In a situation you wish to purchase the e-book, you can open up their official web-site and also order it. Have a nice examine.

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