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# Soy Applications in Food

By Mian N. Riaz



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## Soy Applications in Food By Mian N. Riaz

Soy is prized by the food industry for both its versatility and the major role it plays in food functionality. However, only a limited amount of information is available explaining soy's full potential in food applicability. **Soy Applications in Food** provides insight into the different types of soy ingredients available for consumption and details the processing conditions required for their successful application in food.

Comprehensive and complete, the book offers a wealth of information about soy health benefits, the current soy food market, and the processing of soybeans into different soy ingredients. It discusses the use of soy protein in baked goods, pasta, cereal, meat products, and food bars. The book also addresses how to process soybeans into soy milk, soy beverages, and textured soy protein; how to select identity-preserved soybeans for various food applications; how to overcome the "beany" flavor of some soy products; and how soy protein is fulfilling the need for protein in underdeveloped countries.

Featuring contributions from industry experts with years of experience in the field, **Soy Applications in Food** is a valuable resource for obtaining information on the technical and practical applications of soy ingredients.

Mian N. Riaz talks about his books on the CRC Press YouTube Channel.



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