



## The Quiet Room: A Journey Out of the Torment of Madness

By Lori Schiller, Amanda Bennett

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**The Quiet Room: A Journey Out of the Torment of Madness** By Lori Schiller, Amanda Bennett

At seventeen Lori Schiller was the perfect child -- the only daughter of an affluent, close-knit family. Six years later she made her first suicide attempt, then wandered the streets of New York City dressed in ragged clothes, tormenting voices crying out in her mind. Lori Schiller had entered the horrifying world of full-blown schizophrenia. She began an ordeal of hospitalizations, halfway houses, relapses, more suicide attempts, and constant, withering despair. But against all odds, she survived. Now in this personal account, she tells how she did it, taking us not only into her own shattered world, but drawing on the words of the doctors who treated her and family members who suffered with her.

In this new edition, Lori Schiller recounts the dramatic years following the original publication -- a period involving addiction, relapse, and ultimately, love and recovery.

Moving, harrowing, and ultimately uplifting, THE QUIET ROOM is a classic testimony to the ravages of mental illness and the power of perseverance and courage.

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### Editorial Review

From Publishers Weekly

Schiller, raised in a loving, affluent family in a New York City suburb, was 17 when she first heard the "voices" that would take over her life. Willing herself to appear normal, she resisted the brutally disparaging voices that urged her towards violence and suicide, and she succeeded in graduating from college. But early in 1982, at age 23 and after a suicide attempt, she was persuaded by her parents to admit herself to a mental hospital. For the next seven years, Schiller's auditory hallucinations worsened, and she repeatedly attempted suicide. Diagnosed with schizo-affective disorder, she underwent shock therapy and was treated with antipsychotic drugs. As the symptoms of her disease waxed and waned, Schiller was in and out of hospitals and treatment programs; her weight soared and she became dependent on cocaine. Entering a program at New York Hospital, she suggested to her therapist that she try a new drug, clozapine, which gradually helped her to cope with her illness. Schiller now works at a halfway house. With Wall Street Journal reporter Bennett, she presents her stunning story of courage, persistence and hope.

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From Library Journal

When Schiller was 17, her life was taken over by "voices" that she heard as clearly as she would hear a telephone or a doorbell. The voices changed her life from the ideal American Dream experience to the desolation and despair of a long-term mental ward. While the voices urged her to self-destruct, Schiller courageously fought her disease, which was later diagnosed as a schizo-affective disorder. A last chance drug treatment, intensive therapy, and her own strong will to live resulted in Schiller's triumph over mental illness. The story, told by her mother, father, roommate, and by Lori herself, is narrated by Mary Beth Hurt with passion and compassion. Recommended.

*Joanna M. Burkhardt, Univ. of Rhode Island Coll. of Continuing Education Lib., Providence*

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About the Author

Joe Amaral was born in Portugal on the island of St. Miguel and emigrated with his family to Toronto, Ontario, when he was two years old. A rebel against Christianity, he credits a youth pastor who 'loved me unconditionally' with being a major factor in his conversion and subsequent decision to enter the ministry.

### Users Review

**From reader reviews:**

**Kyle Raya:**

The event that you get from *The Quiet Room: A Journey Out of the Torment of Madness* will be the more deep you excavating the information that hide in the words the more you get serious about reading it. It doesn't mean that this book is hard to be aware of but *The Quiet Room: A Journey Out of the Torment of Madness* giving you joy feeling of reading. The writer conveys their point in certain way that can be understood by simply anyone who read that because the author of this reserve is well-known enough. This kind of book also makes your vocabulary increase well. It is therefore easy to understand then can go along, both in printed or e-book style are available. We suggest you for having this specific *The Quiet Room: A Journey Out of the Torment of Madness* instantly.

**Todd Jacob:**

The reason why? Because this *The Quiet Room: A Journey Out of the Torment of Madness* is an unordinary book that the inside of the publication waiting for you to snap that but latter it will shock you with the secret the idea inside. Reading this book beside it was fantastic author who else write the book in such remarkable way makes the content inside of easier to understand, entertaining method but still convey the meaning thoroughly. So , it is good for you for not hesitating having this nowadays or you going to regret it. This excellent book will give you a lot of benefits than the other book have such as help improving your talent and your critical thinking method. So , still want to hesitate having that book? If I have been you I will go to the reserve store hurriedly.

**Stuart Rosado:**

Reading can called brain hangout, why? Because when you are reading a book especially book entitled *The Quiet Room: A Journey Out of the Torment of Madness* your brain will drift away trough every dimension, wandering in most aspect that maybe unidentified for but surely can be your mind friends. Imaging just about every word written in a e-book then become one type conclusion and explanation this maybe you never get ahead of. The *The Quiet Room: A Journey Out of the Torment of Madness* giving you one more experience more than blown away your thoughts but also giving you useful info for your better life within this era. So now let us teach you the relaxing pattern the following is your body and mind is going to be pleased when you are finished studying it, like winning a game. Do you want to try this extraordinary paying spare time activity?

**Rocky Melvin:**

On this era which is the greater man or who has ability in doing something more are more important than other. Do you want to become among it? It is just simple solution to have that. What you are related is just spending your time little but quite enough to enjoy a look at some books. On the list of books in the top list in your reading list will be *The Quiet Room: A Journey Out of the Torment of Madness*. This book which is qualified as *The Hungry Mountains* can get you closer in growing to be precious person. By looking up and review this reserve you can get many advantages.

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