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# The Banh Mi Handbook: Recipes for Crazy-Delicious Vietnamese Sandwiches

By Andrea Nguyen



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**The Banh Mi Handbook: Recipes for Crazy-Delicious Vietnamese Sandwiches** By Andrea Nguyen

**A cookbook devoted to the beloved Vietnamese sandwich, with 50 recipes ranging from classic fillings to innovative modern combinations.**

Created by Vietnamese street vendors a century or so ago, banh mi is a twist on the French snack of pâté and bread that is as brilliant as it is addictive to eat. Who can resist the combination of crisp baguette, succulent filling, and toppings like tangy daikon and carrot pickles, thin chile slices, refreshing cucumber strips, and pungent cilantro sprigs? You'll have ample opportunities to customize your sandwich with filling options such as grilled pork, roast chicken, and "the special"—a delectable combination of garlicky pork, liver pâté, and Vietnamese cold-cuts.

Opening a new realm of flavor for anyone tired of standard sandwich fare, *The Banh Mi Handbook* presents more than fifty recipes and numerous insights for crafting a wide range of sandwiches, from iconic classics to modern innovations, including:

Crispy Drunken Chicken  
Shrimp in Caramel Sauce  
Grilled Lemongrass Pork  
Beef and Curry Sliders  
Coconut Curry Tofu  
Lettuce Wrap Banh Mi

Respected food writer Andrea Nguyen's simple, delicious recipes for flavor-packed fillings, punchy homemade condiments, and crunchy, colorful pickled vegetables bring the very best of Vietnamese street food to your kitchen.



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**Bibliography**

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### Editorial Review

Review

#### One of NPR's Best Cookbooks of 2014

“Who better than Andrea Nguyen to unravel the mysteries of one of the great sandwiches of the world? Her book is deceptively simple on the outside but bursting with layers of flavor and complexity within—just like the best banh mi. As always, Andrea puts mastery within the reach of any curious cook smart enough to take her advice.”

—Joe Yonan, author of *Eat Your Vegetables*

“Brimming with information, inspiration, and smart advice, this is much more than a sandwich book. Andrea Nguyen once again demonstrates her commendable talent for writing recipes that deliver great tasting food and teach you to become a better cook.”

—Molly Stevens, author of *All About Roasting*

“Andrea perfectly tells the story of how Vietnamese food culture was influenced by French colonials. Her simple recipes elevate very humble ingredients to heights you would not expect. I can’t wait to incorporate some of these ideas into our sandwich menu.”

—Sam Mogannam, owner of Bi-Rite Market

“Through these recipes, Andrea tells her life story. From childhood lunches of silky sausage on toasted baguettes to postmodern banh mi smeared with curried edamame pâté, she sketches the transformation of a sandwich, born of French and Chinese colonization and Vietnamese ingenuity, into a global culinary phenomenon.”

—John T. Edge, author of *The Truck Food Cookbook*

"Lots of tasty riffs on the meaty, pickly, crunchy, saucy, spicy Vietnamese sandwich."

—*Cooking Light*, July 2014

"The banh mi sandwich is itself the product of many miles traveled: the crusty bread brought to Vietnam by French colonists, filled with all the bright, hot, fresh, meaty, intensely tasty elements of the local cuisine. This delicious cultural collision is the subject of "The Banh Mi Handbook: Recipes for Crazy-Delicious Vietnamese Sandwiches" by Andrea Nguyen. . . . it's a master course in banh mi construction, from the bread to the pickles and condiments to every imaginable filling, whether it's pork meatballs or fried oysters or a lipsmacking citrus-marinated grilled chicken you're hankering for."

—*Wall Street Journal*, June 2014

#### About the Author

ANDREA NGUYEN is a celebrated food writer and teacher whose work appears in the *Los Angeles Times*, *Wall Street Journal*, and *Saveur*, where she is also a contributing editor. Her previous books, including *Into the Vietnamese Kitchen*, *Asian Dumplings*, and *Asian Tofu*, were highly acclaimed and nominated for James Beard and IACP cookbook awards. She lives in the San Francisco Bay Area.

Visit [www.vietworldkitchen.com](http://www.vietworldkitchen.com) for more.

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#### **Anthony Carter:**

This The Banh Mi Handbook: Recipes for Crazy-Delicious Vietnamese Sandwiches is completely new way for you who has attention to look for some information given it relief your hunger associated with. Getting deeper you in it getting knowledge more you know or perhaps you who still having small amount of digest in reading this The Banh Mi Handbook: Recipes for Crazy-Delicious Vietnamese Sandwiches can be the light food for you because the information inside this specific book is easy to get by simply anyone. These books produce itself in the form that is certainly reachable by anyone, yep I mean in the e-book form. People who think that in e-book form make them feel sleepy even dizzy this book is the answer. So there is not any in reading a book especially this one. You can find actually looking for. It should be here for a person. So , don't miss this! Just read this e-book type for your better life in addition to knowledge.

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